

CLINICAL REHABILITATION AND MENTAL HEALTH COUNSELING MASTER OF ARTS (M.A.)

The 60-credit Master of Arts in Clinical Rehabilitation and Mental Health Counseling

(20 courses/60 credits)

This program is designed for students who are interested in pursuing a 60-credit master's degree that can lead to licensure as a mental health counselor upon completion of all academic and licensure requirements. Through advocacy for social and economic justice for all members of diverse communities, the program prepares students to apply a whole person approach to working with clients to overcome their individual challenges.

Graduates of this program may be qualified to provide mental health services in federal programs serving Veterans and have portability to clinical mental health professional licensure in other states. Currently, graduates of this program meet licensure requirements for many states throughout the country.

Code	Title	Credits
Core Curriculum		
RHB-500	Research Methods	3
RHB-506	Professional Orientation and Ethics	3
RHB-508	Human Growth and Development	3
RHB-509	Counseling and Personality Theory	3
RHB-510	Cross-Cultural Counseling	3
RHB-513	Couples and Family Counseling	3
RHB-515	Assessment and Treatment Planning	3
RHB-516	Group Counseling and Group Work	3
RHB-517	Career Counseling	3
RHB-518	Appraisal	3
RHB-520	Practicum I and Seminar: Motivational Interviewing	3
RHB-540	Medical and Psychosocial Aspects of Chronic Illness and Disability	3
RHB-550	Foundations of Rehabilitation Counseling	3
RHB-581	Special Topics	3
RHB-603	Psychopharmacology Mental Health	3
Clinical Requirements ¹		
RHB-521	Practicum II and Seminar	3
RHB-570	Internship I and Seminar	3
RHB-571	Internship II & Seminar	3
RHB-608	Advanced Internship I and Seminar: Cognitive Behavioral Therapy	3
RHB-609	Advanced Internship II & Seminar: Trauma Informed Care	3
Total Credits		60

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The Clinical Rehabilitation and Mental Health counseling program includes five clinical experiences that emphasize acquiring and developing advanced clinical counseling skills while meeting state licensure requirements. Skills are developed during the classroom experiences using role plays, dyadic and triadic work, case discussions and presentations, and feedback. These skills are then applied in the clinical practicum and internship settings with supervision by the site supervisor and the University's faculty instructor. Upon completion of the five clinical courses students will have received 1300 hours of clinical training in rehabilitation and mental health counseling. In addition, they will have received 75 hours of clinical supervision in the community, and 160 hours of clinical supervision in the classroom. Ethical practices, multicultural competencies, principles and models of bio-psychosocial case conceptualization, and rehabilitation/mental health treatment planning are emphasized through a holistic/whole person approach to rehabilitation and mental health counseling.

State Licensing Requirements

Based on the State of RI Licensure requirements as of January 1, 2020, following completion of the 60-credit hours for the master's degree in Clinical Rehabilitation and Mental Health counseling, students complete 2,000 hours of supervised clinical internship by an on-site clinical supervisor who meets the supervisory standards of the Board of Licensure for the state in which they intend to practice. No university clinical supervision is required past the 60-credit degree.

It is recommended that students research the specific requirements for a licensed mental health counselor in the state where they intend to practice. Licensing laws and regulations vary across states and can change from year to year; therefore, specific requirements may be different, also. Consequently, the University is not responsible for knowing the requirements of states other than Rhode Island. The Program Director will assist out of state students to identify and understand licensure requirements in their state. However, it is the primary responsibility of the student to know the requirements for licensure in the state in which they intend to practice. It is the student's responsibility to know the requirements for licensure in the state in which they intend to practice.

Degree Plan for 60-Credit M.A. in Clinical Rehabilitation and Mental Health Counseling, Fall Cohort

Course	Title	Credits
First Year		
Fall		
RHB-506	Professional Orientation and Ethics	3
RHB-508	Human Growth and Development	3
		Credits
		6
Spring		
RHB-509	Counseling and Personality Theory	3
RHB-540	Medical and Psychosocial Aspects of Chronic Illness and Disability	3
		Credits
		6
Summer		
RHB-510	Cross-Cultural Counseling	3
RHB-513	Couples and Family Counseling	3
RHB-520	Practicum I and Seminar: Motivational Interviewing	3
		Credits
		9

Second Year

Fall		
RHB-516	Group Counseling and Group Work	3
RHB-517	Career Counseling	3
RHB-518	Appraisal	3
Credits		9
Spring		
RHB-500	Research Methods	3
RHB-521	Practicum II and Seminar	3
RHB-550	Foundations of Rehabilitation Counseling	3
Credits		9
Summer		
RHB-570	Internship I and Seminar	3
Elective		3
Credits		6

Third Year

Fall		
RHB-515	Assessment and Treatment Planning	3
RHB-571	Internship II & Seminar	3
RHB-609	Advanced Internship II & Seminar: Trauma Informed Care	3
Credits		9
Spring		
RHB-603	Psychopharmacology Mental Health	3
RHB-608	Advanced Internship I and Seminar: Cognitive Behavioral Therapy	3
Credits		6
Total Credits		60

Fall

RHB-515	Assessment and Treatment Planning	3
RHB-500	Research Methods	3
RHB-571	Internship II & Seminar	3
RHB-609	Advanced Internship II & Seminar: Trauma Informed Care	3
Credits		12

Third Year

Spring		
RHB-603	Psychopharmacology Mental Health	3
RHB-608	Advanced Internship I and Seminar: Cognitive Behavioral Therapy	3
Credits		6
Total Credits		60

Degree Plan for 60-Credit M.A. in Clinical Rehabilitation and Mental Health Counseling, Spring Cohort

Course	Title	Credits
First Year		
Spring		
RHB-506	Professional Orientation and Ethics	3
RHB-508	Human Growth and Development	3
Credits		6
Summer		
RHB-510	Cross-Cultural Counseling	3
RHB-513	Couples and Family Counseling	3
RHB-520	Practicum I and Seminar: Motivational Interviewing	3
Credits		9
Fall		
RHB-509	Counseling and Personality Theory	3
RHB-516	Group Counseling and Group Work	3
RHB-518	Appraisal	3
Credits		9
Second Year		
Spring		
RHB-521	Practicum II and Seminar	3
RHB-540	Medical and Psychosocial Aspects of Chronic Illness and Disability	3
RHB-550	Foundations of Rehabilitation Counseling	3
Credits		9
Summer		
RHB-517	Career Counseling	3
RHB-570	Internship I and Seminar	3
Elective		3
Credits		9