

# FIRST YEAR TRANSITIONS (FYT)

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## **FYT-101: First Year Studio (1 Credits)**

First Year Studio is a one credit course designed to guide Salve students in planning for purposeful lives. Through a meaningful exploration of their personal values, academic goals, life experiences, and Salve's Mercy tradition, students will participate in activities, assignments, and discussions that assist them in prototyping possibilities for their future at Salve and beyond. The course will introduce planning tools to help students get the most out of their university experience, the concept of reframing to ensure the right questions are explored, and ways to build intentional relationships while in college. Students will be placed in sections by their major and assigned a peer mentor to support their transition into college life.

## **FYT-102: Transfer Studio (1 Credits)**

Transfer Studio is a one credit course designed to help students make a successful transition into Salve Regina University. Students will participate in a variety of activities, assignments and discussions using the Design Your Life framework, but tailored for new transfer students at Salve Regina. The course will introduce planning tools to help students get the most out of their university experience, the concept of reframing to ensure the right questions are explored, and ways to build intentional relationships while in college. The course will provide a supportive environment for students to connect with other transfer students while planning for their futures.

## **FYT-130: Mentor Practicum (1 Credits)**

This seminar is taken in conjunction with participation in the First Year Experience Student Mentor Program. In addition to co-facilitating a New Student Seminar in the fall, the mentor participates in a one-credit Mentor Practicum seminar. The Practicum provides support, training, debriefing, and updates.